

**12 INCH MEDIUM PIZZA,
SERVING SIZE :
1 OF 8 EQUAL SLICES
2 - 3 TOPPINGS**

	Gram Weight (g)	Calories (kcal)	Protein (g)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Vitamin A IU (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Sodium (mg)	Calories from Fat (kcal)
CLASSIC HAND-TOSSED	55	160	6	28	1	3	3.0	1.0	0	0	0%	0%	0%	10%	110	25
THIN CRUST	22	80	2	12	1	1	3.5	0.5	0	0	0%	0%	2%	2%	15	30
PIZZA SAUCE	15	10	0	1	0	1	1.0	0.0	0	0	2%	2%	0%	2%	55	0
MOZZARELLA	18	45	3	1	0	0	4.0	2.0	0	10	4%	0%	8%	0%	170	35
CHEDDAR CHEESE	7	30	2	0	0	0	2.5	1.5	0	5	2%	0%	6%	0%	45	20
PEPPERONI	8	40	2	0	0	0	3.5	1.0	0	10	0%	0%	0%	0%	140	30
HAM	7	10	1	0	0	0	0.0	0.0	0	4	0%	0%	0%	0%	75	0
SAUSAGE	9	30	1	1	0	0	2.5	1.0	0	5	0%	0%	0%	0%	90	25
BEEF	9	25	1	0	0	0	2.5	1.0	0	5	0%	5%	0%	0%	50	20
ONIONS	5	0	0	0	0	0	0.0	0.0	0	0	5%	5%	0%	0%	0	0
GREEN PEPPER	5	0	0	0	0	0	0.0	0.0	0	0	0%	6%	0%	0%	0	0
MUSHROOMS	9	0	0	0	0	0	0.0	0.0	0	0	0%	0%	0%	0%	0	0
RIPE (BLACK) OLIVES	5	5	0	1	0	0	1.0	0.0	0	0	0%	5%	0%	2%	45	0
PINEAPPLE	9	5	0	1	0	1	0.0	0.0	0	0	0%	0%	0%	0%	0	0
ANCHOVIES	2	0	0	0	0	0	0.0	0.0	0	0	0%	0%	0%	0%	40	0
BACON	6	25	3	0	0	0	2.0	0.5	0	5	0%	0%	0%	0%	80	15
CHICKEN	9	15	2	0	0	0	0.0	0.0	0	5	0%	0%	0%	0%	65	0
JALAPENO PEPPERS	5	0	0	0	0	0	0.0	0.0	0	0	0%	0%	0%	0%	65	0
TOMATOES	12	0	0	1	0	0	0.0	0.0	0	0	2%	4%	0%	0%	0	0